

Our Team

Claire Howells — Centre Manager
Joanne Gummerson — Administrator
Vicky Evans — Senior Outreach Worker 0-5
Pudsey Cluster — Cluster Outreach Worker 5-11
Amrit Kaur — Chair of Advisory Board

Useful Numbers

Police (Non emergency) 101

NHS Helpline 111

Pudsey Cluster (Over 5's)

0113 387 1885

Leeds Domestic Violence Helpline

0113 246 0401

Men's Domestic Violence Advice Line

0808 801 0327

Leeds Welfare Support

(Help with food and household bills) 0113 376 0330

Leeds Welfare Rights

(Free confidential benefit advice) 0113 376 0452

Universal Credit Helpline

0800 328 5644

Leeds Housing Options

0113 222 4412

Leeds Crisis Team / Mental Health Helpline

0800 183 1485

Better Leeds Communities (Offering practical debt solutions and services)

0113 275 4142

Citizens Advice Leeds

0808 278 7878

Leeds Dental Advice Line

0800 298 5787

Family Information Service (www.familyinformationserviceleeds.co.uk)

0800 731 0640

Forward Leeds (Alcohol & drug service for Leeds)

0113 887 2477 www.forwardleeds.co.uk

Leeds Community Healthcare Hub

(The Early Start Health Visiting Team) 0113 843 5683



What's On at Farsley/Calverley Children's Centre Autumn 2024

Farsley/Calverley Children's Centre offers a wide range of groups and activities for local families with Children aged 0-5 years

What We Offer

Vicky supports families with children aged 0-5 years.

Pudsey Cluster supports families with children aged 5-11 years.

We can support you both in the home, at the centre or in the community.

We offer information on childcare, training, activities and groups in the community.

For more information please contact the Centre.

We also have a breast pump available for loan for those needing extra support with breast feeding.



Contact us

Farsley/Calverley Children's Centre

Farsley Farfield Primary School

Infant Site, (North Building) , Cote Lane

LS28 5ED

Tel: 0113 2058134

Email: childrenscentre@farsleyfarfield.org.uk

www.facebook.com/farsleycalverleychildrenscentre

and Instagram: @farsley_calverley_cc



Autumn Term 2024

Monday



Baby Massage 10.00-11.00am

Starting 11th November 2024

Calverley Parkside Nursery

Booking is essential £30.00 for a 5 week course
Come and join Vicky to learn techniques to massage your baby in line with IAIM. Contact the Centre to book your place on 0113 205 8134

Breastfeeding Peer Support Group

9:30-11am

Well Being Centre, Robin Lane,
No need to book drop in's
welcome



Tuesday

Family Learning 9.00—11.30am Creative Crafts

Starting 24th September for 12 weeks
A fun and creative group for adults.

Booking is essential

Please contact the Centre
for more information



Wednesday

Parent and Toddler Group 9:00-10:45am (Term time only)

A fun session for children to enjoy new
experiences and meet other children.

Please contact Vicky at the Centre

Booking is essential

£2.00 per child, 50p sibling



Thursday

Play and Learn for under 2's 1:00-2:15pm (Term time only)

A chance to meet parents and enjoy fun
activities with your child.

Contact Vicky at the Centre for more
information. £1.50 per family
Booking is essential



Friday

Baby Sensory

Monday 18th November

1.00—2.00pm

Farsley Calverley Children's Centre
Please see Facebook for dates

Booking is essential -£5.00 one off session

Contact the Centre to book your place
on 0113 205 8134

Yoga, movement, mindfulness, breathwork and relaxation for your child's health and happiness

Free taster session on Friday 11th October
4 week course running between
Friday 8th November and
Friday 6th December 2024 1.30 to 2.25pm.

Booking is essential

For class details please go to

Starting Solids on Friday 15th November 2024

FREE One off 2-hour session looking specifically at weaning
your baby. The course allows you to ask any questions relating
to weaning including baby led weaning. **Booking essential.**

First Aid on Friday 18th October 2024

Parent First Aid for children birth to 5 years old.

2 Hour course £10.00 per person

Contact the Centre to book your place
on 0113 205 8134

HENRY

SWINNOW CHILDREN'S CENTRE

Starting Monday 16th September

1.00-3.00pm

Health, Exercise and Nutrition for the Really
Young, gives young children a healthy start
in life and helps prevent child obesity. The
course recognises that emotional well-being
and confident parenting are just as important
for a healthy lifestyle as nutrition and
activity. The programme covers 5 themes
across 8 weeks.

Booking is essential

Please telephone 0113 378 3090



Other Courses & Groups

Please contact the Centre on 0113 205 8134
if you are interested in attending any
courses and groups

ROSPA



Please contact the Centre if you
would like to book a home safety assessment.



Pregnancy Birth and Beyond

Helping parents-to-be prepare for
the arrival of their baby and after birth
experiences. Speak with your Midwife or Health
Visitor for more information on 0113 843 5683.